



Virtual Film Screening and Follow-Up Panel Discussion

The Key to Resilience

Find new understanding and ideas to help kids overcome some of life's bumps in the road. Start by watching the documentary *Resilience*, which examines Adverse Childhood Experiences (ACEs) and how they affect our health as adults. This movie will be available to stream online anytime over the weekend of March 13-14. Follow up two days later with a community discussion by panelists from the fields of education, mental health, law, and social services where we'll explore Adverse Childhood Experiences (ACEs) and how they can be successfully treated as well as prevented in the first place.

[Register by 5 p.m. Sunday, March 14 to receive the link to the film](#)

The live virtual panel discussion will take place
Tuesday, March 16, 7 p.m.

This event is sponsored by the St. Mary's County Early Childhood Advisory Council with funds from the Maryland State Department of Education Local Early Childhood Advisory Councils Quality Improvement Grant
